

CLIENT TANNING RECORD CONTD.

IMPORTANT NOTES

Sunbeds emit ultra violet radiation which will dry out your skin, accelerate skin ageing and may contribute to skin cancer, especially with repeated exposure.

Ensure you leave 48hours between tanning sessions or exposure to sunlight

You MUST wear protective eyewear whilst on this sunbed.

You are not permitted to use this sunbed if you are under 18yrs or of skin type 1 (very fair)

Start your tanning with the initial times recommended for your skin type. You can increase the times by 20% each time until you are at the maximum for your skin type.

If your skin tingles or goes pink you should not return to the sunbed until this has subsided completely and your next session time should be reduced, this is over exposure and should always be avoided

UV exposure dries our your skin; use an accelerator during your tanning session and regularly moisturize at other times

Tanning ,, not burning, is a natural process. We recommend moderate responsible tanning appropriate for your skin type, never sunburn.

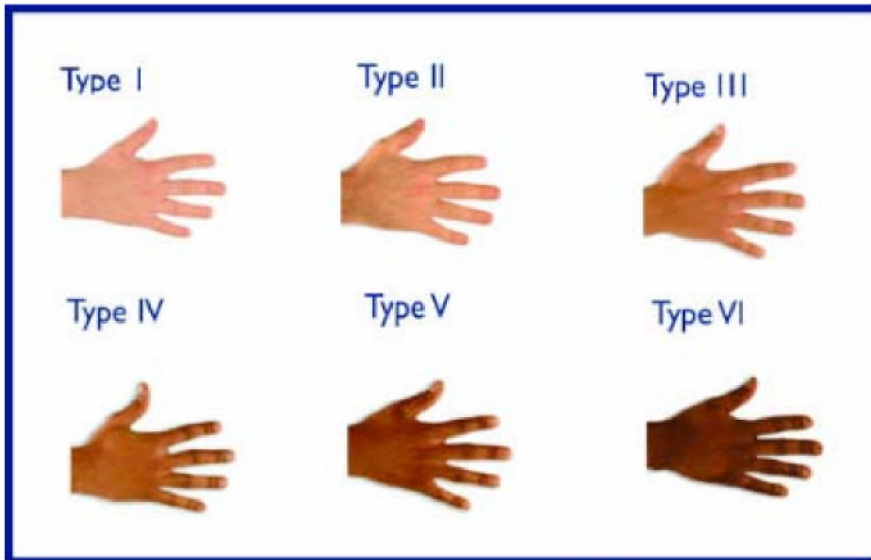
CLIENT CONSENT

I am over the age of 18 and I have read and fully understand the information. I agree to follow the recommendations of this tanning salon and ensure that I tan responsibly.

Client Signature:.....Date:.....

Salon Use: Staff Member

Fitzpatrick skin type classification



- Type I Often burns, rarely tans. Tends to have freckles, red or fair hair, blue or green eyes.
- Type II Usually burns, sometimes tans. Tends to have light hair, blue or brown eyes.
- Type III Sometimes burns, usually tans. Tends to have brown hair and eyes.
- Type IV Rarely burns, often tans. Tends to have dark brown eyes and hair.
- Type V Naturally black-brown skin. Often has dark brown eyes and hair.
- Type VI Naturally black-brown skin. Usually has black-brown eyes and hair